

Health and Wellness Activities



Aerobics

Low-impact exercise routines for adults 55+.

Monday & Wednesday | 2:30PM -3:30PM

Line Dancing

Have fun learning popular line dances.

Monday | 12:30PM – 2:00PM

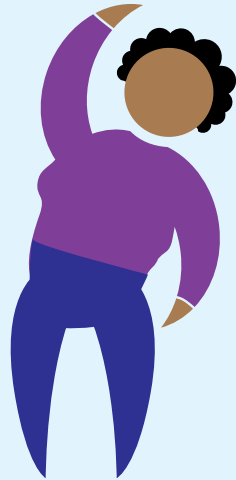
Tuesday | 6:30PM – 8:00PM

Wednesday | 12:30PM – 2:00PM

Tai Chi

Chinese exercise for a state of relaxation for both the mind and body. First class is free.

Wednesday | 11:00AM – 12:00PM



SENIOR CLUB

Warrensville Heights residents age 60 and older looking for an opportunity to socialize with other residents, explore the community and participate in civic engagement and social activities. Meetings are the 2nd and 4th Tuesdays at 1:00 PM.

Dues are \$12 a year, does not include fees for special events.

CENTER CLOSED

Martin Luther King Day | Monday, January 16

President's Day | Monday, February 20

Good Friday | Friday, April 7

Memorial Day | Tuesday, May 30

Independence Day | Tuesday, July 4

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Warrensville Heights Civic & Senior Center
4567 Green Road
Warrensville Heights, OH 44128



Warrensville Heights Civic & Senior Center

January 2023 – June 2023

Welcome!

**MAY ALL WHO ENTER AS GUESTS
LEAVE AS FRIENDS!**

Bradley D. Sellers, Mayor | Jennifer Lastery, Director
Sandra Noble, Program Coordinator
4567 Green Road | Warrensville Heights, OH 44128
(216) 587-1250 | www.cityofwarrensville.com



Weekly Recreation and Craft Activities

*The Center may close the activity due to the virus or weather, check with the Center for updates.
*No refunds for ticketed events.

Painting

Drawing and painting using a wide variety of materials and techniques.

Winter Break – class resumes the week of March 6, 2023

Monday | 11:00PM – 2:00PM

Trivia Club

Teams of six have fun figuring out the answers.

1st & 3rd Mondays | 1:00PM – 3:00PM

Cornhole Games

Tossing a bean bag onto a slanted board is challenging and fun.

Getting one into the hole earns more points.

Monday & Wednesday | 5:00PM – 9:00PM

Photography

Master digital camera, use a computer to enhance a photo.

Photography field trips for special subjects.

Winter Break – class resumes the week of March 6, 2023

Tuesday | 2:30PM-4:30PM

Genealogy

What do you know about your family's history?

Learn how to research, use different resources to help the search.

3rd Tuesday | 1:00PM-3:00PM

Spades

Enjoy playing Spades and making friends. Snacks available.

Tuesday | 4:30PM – 7PM

Bid Whist – Residents Only

Annual fee provides for snacks and annual holiday party.

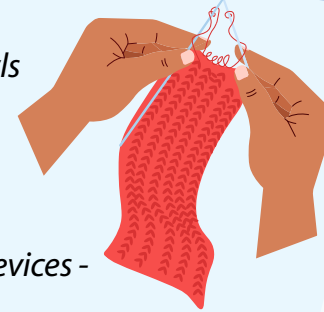
Wednesday | 12:30PM-4:30PM



Knitting and Crocheting

Learn to knit or crochet, make Afghans, shawls and other knitted and crocheted items.

Thursday | Noon – 2:00PM



ABC's of Technology

Become competent about using electronic devices - smart phones, laptops, and tablets.

Thursday | 11:00AM – 12:00PM

Zoom Class - Advance Class - Monday | 4:00PM – 5:00PM

Gardening

Learn the ins and outs about gardening indoor and outdoors - identifying plants, how and when to plant.

Thursday | 10AM – 12 Noon

Jewelry Making/Crafts

Create jewelry with glass and other materials such as leather. Crafts produce unique creations such as copper or brass African masks.

Friday | 12:30PM – 2:30PM



Ceramics

Decorate and glaze figurines, bowls and other items. Hand build pots from clay and glaze.

Winter Break – class resumes the week of March 6, 2023

Friday | 10:00AM – 12:00PM

African American Quilt and Doll Guild

Make traditional art quilts or soft dolls. New participants must know basic sewing and have a sewing machine.

1st & 4th Saturday | 10AM – 1PM

2023 SPECIAL EVENTS

NO REFUNDS FOR TICKETED EVENTS

SIGN UP REQUIRED FOR THE FOLLOWING EVENTS:

JANUARY

Play - "Hamilton" State Theater

Wednesday, January 11 | 2:00PM | SOLD OUT



FEBRUARY

Play - "I'm Back Now" Cleveland Playhouse

Saturday, February 18 | 2:00PM

Transportation provided | Tickets \$23.00

Warrensville Annual Black History Program

"The Black Experience: The Past, The Present, The Future"

Wednesday, February 22 | 6:00PM

Free | Light Refreshments



MARCH

Film - "Rosa Parks" - Center

Thursday, March 16 | 6:00PM

In partnership with Greater Cleveland Urban Film Festival

Rosa did more than refuse to give up her seat

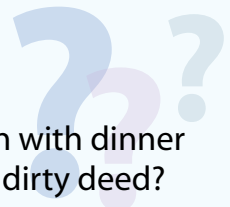
Free | Light Refreshments

APRIL

Mystery /Dinner

A FUN EVENING! Have a delicious dinner and join with dinner mates to solve the murder mystery. Who did the dirty deed?

Friday, April 14 | 6:00PM | \$20.00 per person



MAY

Senior Luncheon - Marriott East

Monday, May 1

Ticket Distribution:

April 17 9:00AM-11:00AM | April 18 5:00PM-7:00PM

April 19 1:00PM-3:00PM | April 20 9:00AM-11:00AM

Play - "Tina" - State Theater

Saturday, May 6 | 1:30PM

Tickets \$49.50 | Transportation provided



JUNE

R&B Revue at the Center

Friday, June 22 | 7:00PM – 10:00PM | \$25.00 per person

Live music and refreshments

JULY

Ladies Luncheon – A Day at the Races

Friday, July 14, 2023 | 12Noon | \$20.00 per person

Call

216.587.1250

for more information,
to register for classes
or check rental
availability.

ACTIVITY FEES

\$14 | Residents

\$16 | Non-residents

8 week sessions

OTHER ACTIVITIES

Jewelry/crafts | \$35

Line Dancing

\$4 per session

Quilting/Doll-Making | \$30 a year

Tai Chi | \$20 | 4 weeks

Piano Lessons | \$100 | 8 weeks