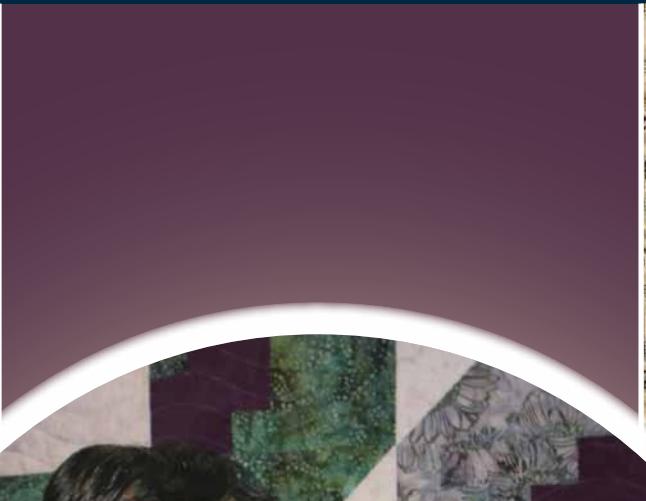


# friendly city TRIBUNE

*This publication is a product of the Warrensville Heights Department of Communications*



Winter 2018



Laura Croom

**QUILTS  
BLANKET  
CIVIC &  
SENIOR  
CENTER**



# Mayor's Message

Happy Holidays Residents!

The year closes on a particularly sweet note with the passage of our two ballot issues this fall. We know we have a great thing going on here in Warrensville Heights, but it takes the support of the residents to maintain it. I am extremely grateful for your interest and sense of responsibility to go out and vote. Members of the City Council and City Hall staff all very much appreciate your support as well.

The way the Issue 105 dollars impact the community absolutely will be noticed by contributing to our general operations. This involves, in part, our city services, including the police, fire and service departments. We seek the renewal of this levy every five years, and this community has generously supported it for the past 15 years.

Without the roughly \$350,000 that it contributes to our budget, we would be challenged to provide as well as we have for our residents. In other words, some services could have been compromised. So this is significant revenue for us.

In addition to our gratitude, you should be grateful to each other for doing your part to enable all aspects of our general operations to continue.

On the school side, by passing Issue 9, we can all feel very confident that we are laying the groundwork for our children to enjoy the best educational environment to enhance their life journey. **What's also highly noteworthy is that, relative to our population, we passed the levy by the highest margin in the state. Without a doubt, we have sent an extremely strong message to our scholars that both their present and their future is a top priority.**

The new schools are on their way. The Pre-K through 5th grade building is scheduled to be completed by July 2020, financed through our own money along with government funding. The process has begun



with the Randallwood demolition, so you can see the progress. What your vote enables is the beginning of Phase II which involves the creation of a campus for grades 6-12, along with a new athletic field.

This is a community filled with people who understand what matters, on both the municipal and educational sides of the equation.

Another positive event worth mentioning is the scholars who won Cavs tickets as part of my attendance challenge. Those with perfect attendance over a three-week period in November were entered into a raffle to win three tickets. Congratulations to the 25 winners.



Cavs ticket winners at John Dewey Elementary are (left to right): Chloe Tate, Kyla Young, Caidynze Brown and Jayden Hill. Not pictured: Kel'Leisha Holloway.

Also, I'd like to welcome **Michael L. Booker**, the new Mayor of Highland Hills and former President of Council. We

regret the passing of his predecessor, Robert Nash, the first and only Mayor of Highland Hills. And I'd like to congratulate **Marcia Fudge**, re-elected as U.S. Representative for Ohio's 11th congressional district, **Armond Budish**, re-elected as the Cuyahoga County Executive and **Deborah Turner**, newly elected as judge for the Cuyahoga County Court of Common Pleas Ohio General Division.

Sincerely,

**Mayor Bradley D. Sellers**

## 2019 Student Summer Employment Program

- *At least 14 years of age*
- *Able to work 9 a.m. - 3 p.m. or 9 a.m. – 5 p.m., Monday through Friday*

The program lasts for approximately six to eight weeks. During the six-week employment period, students will work 25-40 hours per week, acquiring critical skills, interacting with customers and learning about professionalism.

The city intends to hire a total of 20 students composed of 15 from high school and five from college. In order to allow all applicants to get a fair opportunity to be part of the program, students will not be able to work consecutive years.

All applications, along with resumes, should be submitted to the Personnel Department by May 3, 2019. Applications can be obtained at City Hall.

# Artists Sew Creativity into Their Lives and Work

The scene at the Civic & Senior Center for three days in November was a colorful collection of more than 100 quilts, 50 dolls and 20 pieces of wearable art. The art was created by fiber artists from Warrensville Heights and neighboring communities. The expression of culture and creativity was evident everywhere in sight for those fortunate enough to buy tickets ahead of time for the sold-out events.

"The art on display tells stories of comfort, joy, delight and healing," says Felicia Tinker, president of the African American Quilt & Doll Guild which sponsored the 6th biennial show.

**"I tell stories with stitches,"**

— Sandra Noble,  
Program Coordinator and Fiber Artist

9-11. Sandra Noble, the center's program coordinator and a fiber artist and art teacher, played a large role in organizing the show. Warrensville Heights community members who had work in the show includes Jackie Boyd, Bess Gates, Carolyn Jenkins, Veronica Lenin, Sandra Noble, Fran Tyus and Laura Croom.

"I tell stories with stitches," Noble says, as do so many of the show's artists, some of whom have their work captured here.



Art displayed at the African American Quilt & Doll Guild Show.

# Players ♥ Bid Whist, Many Join ♣ at Civic & Senior Center

On a bright, unseasonably warm afternoon in October, a group of regulars gathered at the Civic & Senior Center to play one of their favorite card games, Bid Whist, and they didn't leave any joy on the table. They laughed, joked around and, in some instances, they felt the thrill of victory.

On this particular day, there were four tables with the required four players at each one. A Bid Whist game typically takes about 10 minutes to play.

The card game is a weekly habit for many, with a scheduled slot on Wednesdays, 1 – 4:30 p.m., all year long. Organized by Sharon Frizzell, the sessions are strictly for Warrensville Heights residents and often are accompanied by light snacks. She makes sure there's background music playing throughout the afternoon, and, to further accommodate the largely senior population in attendance, she has two jumbo decks that feature enlarged card faces on the tables.

To keep things interesting, teams are arranged in order of arrival. You play with those who show up when you do, which ensures that attendees don't have the same partners every time they play.

"Some play better than others...but it's mostly how the cards fall," says Frizzell.

Everyone keeps their cool during hands, especially those who like to concentrate. Others get a little frisky and play fast, particularly two ladies who identify themselves as "silver foxes." But no one takes this game too seriously.

Keeping it all real, one player admitted that half the time, people forget who dealt "because we're seniors." Among those present on the day a reporter appeared, the crowd was composed of roughly half men and half women. Participants also are allowed to bring a guest once a year.

According to some long-time players, the game's genesis began with Bridge, then evolved into Spades, followed by Whist, then changed to Bid Whist with the addition of two jokers.

Many players consider the game their escape. "I love it! It gets me out of the house, allows me to be social and it keeps my mind sharp," says one player.

The action is dealt all year long, so don't hesitate to try your hand at it... there will likely be a full house ready to challenge you.



*City Hall volunteer Toni Ramsey challenges her opponents.*

## Library Lending Hotspot Devices for Internet Connection

Free, unlimited, portable high-speed hotspot devices now are available to cardholding patrons of the Cuyahoga County Public Library's Warrensville Heights branch. The devices allow patrons who do not have home internet access to easily get online.

This service is being offered through a major new program arranged by The Cleveland Foundation and a number of community partners to bridge the "digital divide" in Cuyahoga County. Library branches in

Garfield Heights, Maple Heights and Southeast also carry the devices. As many as 40% of the households in these communities do not have home access.

The hotspots, which can be checked out the same way books and other materials are handled, provide internet access from almost anywhere to any WiFi-enabled devices such as cell phones, tablets or laptops. Loan periods are for 21 days, daily overdue fines are \$.10 and hotspots greater than 10 days overdue will be disabled remotely. They are renewable, however, if no one else is waiting for one. The replacement fee is \$25.

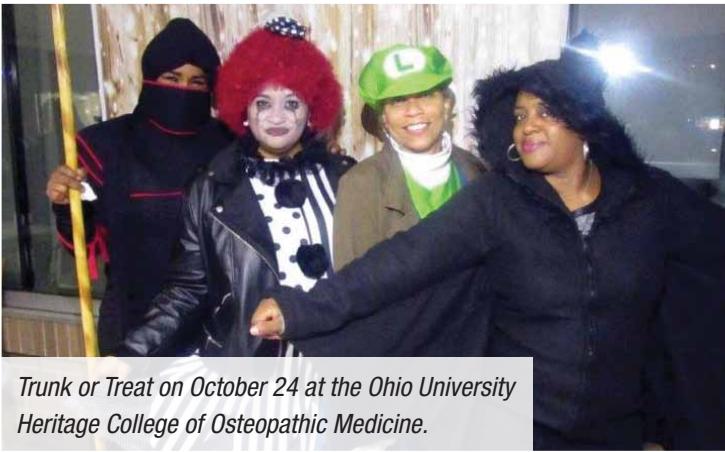
Up to 10 devices can be connected to a hotspot at one time. Also, instructions and tech support contact information is included with each hotspot. All questions should be directed to PCs for People at 216.930.5741.

Other community organizations involved with the program include CHN Housing Partners, Cuyahoga Metropolitan Housing Authority, Cleveland Public Library, Cuyahoga County and Huntington Bank. The thrust of the program is to help community members gain internet access to enhance their ability to succeed in school, and to further enable their efforts to seek employment, manage personal finances and pursue health and wellness.

## Winter Health Challenge

Calling all challengers! The Tri City/Lee Harvard 8-Week Winter Health Challenge will have a kick-off event hosted at South Pointe Hospital on Thursday, January 17th from 5:30 - 8 p.m. To enroll in this fun and exciting challenge, biometric screenings and wellness surveys must be completed at this kick-off event. The Tri City area (Warrensville Heights, North Randall and Highland Hills) is challenging the Lee-Harvard area in a friendly competition to win back the trophy which now sits on Cleveland Ward 1 Councilman Joe Jones' desk. For more information, call Jerry Sims, Community Relations Program Manager, at 216.218.2357.

# Faces in the Community



Trunk or Treat on October 24 at the Ohio University Heritage College of Osteopathic Medicine.



Mrs. Dorothy Blackmon and Mrs. Louise McNair, Volunteers of the Year, awarded by the Northeast Ohio Regional School Board.



A Veterans Day luncheon was held November 8 for roughly 100 veterans at the Civic & Senior Center. Food was provided by Del's Catering & Café. The event, organized by city council member Dorise Hagwood and assisted by the city and its council, included a welcome from Mayor Bradley Sellers and guest appearances by newly appointed Mayor of Highland Hills, Michael L. Booker, Juanita Brent, U.S. Representative H.D. 12, and Shelia Locatelli, founder and CEO of Women of Hope which assists homeless veteran women.

# City Council

Warrensville Heights City Council meets on the 1st and 3rd Tuesday of each month in the Council Chambers at City Hall at 7:00 p.m. Caucus for Council begins at 6:00 p.m. For more information about City Council and its meetings, please contact Deborah Hutton, Clerk of Council, at 216.587.6516.

## Andrea Mitchell

### Council President, Ward 2

amitchell@cityofwarrensville.com

216.339.1279

We truly live in a friendly city. More than 360 children had smiles from ear to ear at the annual Trunk or Treat event. Every participant and attendee resonated with glee.

Cold weather is upon us, as are holiday celebrations. During this season, make sure to keep an eye out for your neighbors. Call or say an extra, "Hey" and hope everything is okay. Not everyone feels cheer this time of year. Remember, that extra "Hey" might make someone's day.

If you see someone that doesn't appear right, say something – call the police. If you have a question or seek an answer, send me a message or give me a call. I will definitely listen, but I truly don't know it all.

## Ward 1

### Councilwoman Dorise Hagwood

dhagwood@cityofwarrensville.com

216.244.4664

There is not a day that goes by that I don't feel an overwhelming gratitude for your encouragement and support. Thank you! Please continue to contact me with your questions and concerns. You may email, text or call.

## Ward 3

### Councilwoman Elona C. White

ewhite@cityofwarrensville.com

216.581.3899 | 216.587.6516

The exterior maintenance program for 2018 has come to a close. Special thank you to our Building Department. Congratulations to all who took advantage of the program and were able to update their property violations with some financial assistance.

Ward 3 community meetings will resume in the spring of 2019.

Merry Christmas and Happy New Year to all!



## Ward 4

### Councilman Walter Stewart

wstewart@cityofwarrensville.com

216.868.5695

I want to thank all of the volunteers who have been dedicating their time and energy assisting the Ward 4 Youth Program with the monthly events and weekly activities that are held every Thursday in the Granada Gardens Party Center.



I also want to thank and acknowledge the various organizations for sending representatives to speak at our events or who participated in the Ward 4 Youth Program activities.

I want to thank the Warrensville Heights Library, the Learning Center in Warrensville, the Warrensville Heights Fire Department, the 44128 Organization, the Stop The Violence Organization, the Bedford Church Of The Nazarene and Central State University just to name a few, but we also appreciate all who have helped to inspire our youth and encouraged them to pursue education and excellence because we acknowledge that "it takes a village to raise a child."



## Ward 5

### Councilman Matthew Howard

mhoward@cityofwarrensville.com

440.561.7990

I would first like to thank everyone for their attendance at this year's Christmas party. We had a great time as usual. I always look forward to such a wonderful affair. Our prayers and sympathy go out to the families of all of those we have lost in 2018.



There will be an announcement soon about the McCann Street issues and when and how they will be rectified. This will happen in a timely manner as the weather gets warmer, so be on the lookout. We've been meeting behind the scenes on numerous occasions about up and coming changes to make the city a better place, as this is always our goal. As times and laws change, we adjust accordingly for our community as a whole. Please contact me personally if you have any questions or concerns.

## Ward 6 Councilman Stanley Anderson

sanderson@cityofwarrensville.com  
440.719.9444



Emergencies and disasters can happen at any time and place. Even a small amount of planning improves your chances of survival. Emergency responders are likely to be overwhelmed during the critical first hours following a disaster. That is why the Cuyahoga County Office of Emergency Management and the Federal Emergency Management Agency urge citizens to make plans **BEFORE** an emergency or disaster strikes. Make plans in order to be able to survive on your own until emergency responders arrive.

The Federal Emergency Management Agency suggests preparing a Survival Kit. Examples are:

- Water: 3 Day Supply
- Food: Non-Perishable
- Radio
- Flashlight & Batteries
- First Aid Kit
- Prescription Meds
- Can Opener
- Out-of-Town Phone Numbers
- Important Family Documents
- Fully Charged Cell Phone

For a complete listing of Survival Kit items, visit the Cuyahoga County webpage or contact:

### Cuyahoga County Office Of Emergency Management

9300 Quincy Ave. | Cleveland, Ohio. 44106  
216-771-1363 (24 hours / 7 days) | [ema@cuyahogacounty.org](mailto:ema@cuyahogacounty.org)

## Ward 7 Councilwoman Kimberly Hodge-Edwards

kedwards@cityofwarrensville.com  
216.570.5978



Thank you for voting during our midterm elections! I want to say that I am so proud of Ward 7 and all of the residents in Warrensville Heights. While we may not have had the desired outcome for all of our statewide candidates, we did have many successes during this election cycle. The overall voter turnout was increased throughout our community and across Cuyahoga County. In the 2014 midterm election, the registered voter turnout for Ward 7, precinct 7A was 26.70% and 7B was 23.46%. Fast forward to the 2018 midterm election, the registered voter turnout in Ward 7, precinct 7A was 39.09% and 7B was 36.14%. That was a 46% increase for 7A and a 54% increase for 7B! This was an improvement but we have so much more work to do in our community as it relates to voter turnout.

Remember this is a season of thanksgiving and holiday cheer! A time for us to reflect on the many reasons that we have to be thankful. Remember to think about others and spread the love and cheer to those who are less fortunate than yourself! It takes all of us to make the world a better place to live in, and it starts at home and in our community. Remember, "The best way to find yourself is to lose yourself in service to others."

## No Rat Race at Agency, Just One for the Dogs

Marcus Thomas LLC, a premiere advertising and marketing agency located in the city, conducted a Puppy Presidential campaign this fall. It generated a competitive and creative spirit among the agency's dog owners, many of whom bring their pets to work. A few cat owners campaigned for their candidates as well.

"The agency is always trying to engage the staff in fun activities that foster pride in the company and the community," says Adam Recktenwald, senior account executive. As it happens, Daisy, his seven-year old lab/cattle dog mix, received the endorsement of Mayor Bradley Sellers.

Campaign posters were spread around the agency, lending a comic approach to the election season. And the winners were...

President - Micah | Vice President - Brady  
Secretary of State - Gunner

Congratulations to all the winners and their bi-ped counterparts!



Left to right: Justin Jason with Micah, Andy Shive with Brady, Elizabeth Abate with Milton, Adam Recktenwald with Daisy, Bridget Wilhelm with Nora, Carly Sado with Callie, Noah Travillian with Petey



# Teens Create Symbolic Murals at Library

Every library has a strong cultural edge, and that's what student artists drew from as source material for a new art installation here, says Ali Boyd, Cuyahoga County Public Library Warrensville Heights Branch Manager. During an after-school arts program held this fall, teens created two 8' x 4' acrylic murals with rich symbolic content that will be mounted in the library's outdoor garden in the spring. The work was completed with help from a grant, along with the Center for Arts Inspired Learning and the oversight of local professional Cuban-born artist Augusto Bordelois.

The murals were digitally reproduced on aluminum to withstand all seasons. Some of the key motifs are a tiger, representing the school mascot, and an African woman symbolizing a nurturing element. Also incorporated is the Sankofa, an Adinkra symbol which translates from the Twi language to mean "go back and get it." Sankofa can be represented by a bird with its head turned backwards and its feet facing forward while carrying a precious egg in its mouth. This symbol suggests that people should collect their history and culture and carry it forward as they go through life, says Boyd.



Murals to be installed outdoors in the library's garden in the spring.

"I believe the students became stakeholders in the library with this project," says Isabel Klein, teen librarian. "When they see their contribution to the community, it fosters respect for the building and the culture here," she adds. But she also notes that even if the students didn't participate, many saw the murals being created and likely appreciate their importance.

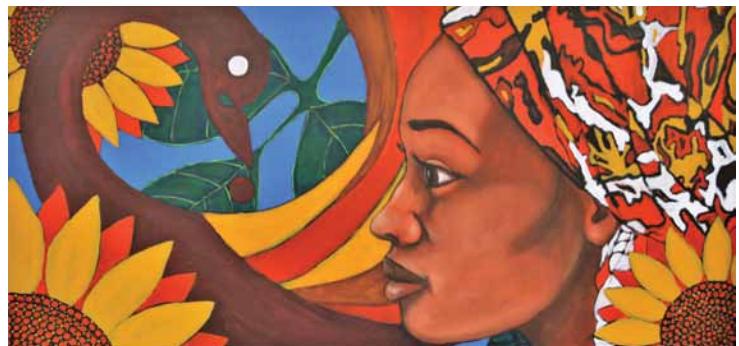
***"It's hard to engage teens, but they were seriously captivated by this project."***

— Isabel Klein, teen librarian

About 12 teens – a mix of boys and girls among them - worked for five weeks in the library, meeting once a week between 4 and 5 p.m. with Bordelois who sketched the design on canvas first.

"It's hard to engage teens, but they were seriously captivated by this project," Klein notes. "We really reached them."

The project was made possible in part through a gift from Cuyahoga County Foundation board member William Russo who grew up in Warrensville Heights and his wife Mary.



## Karamu House Partners with School District

The school district has forged a partnership with the Karamu House Arts Education Residency program to broaden students' cultural education. The program provides professional performing arts training and encourages the exploration of personal, community and institutional history.

***"Once you are up on stage, you experience the real you."*** – Nivea, 6th grader

The instruction is aligned with Ohio's new learning standards in social studies, theater and literacy. The partnership brings arts experiences to interested students in grades 6-12, at no cost to participants.

The program is supported by two WHCSD staff members: Kimberly Ford, middle school intervention specialist, and Vida Posey, high school English teacher.

"It's a lot of fun getting to watch your students learn and grow," says Posey, notes that they are not just memorizing scripts, they're building confidence. Ford adds that "it's an empowering environment."

Nivea, a 6th grader and program participant, says that "once you are up on stage, you experience the real you."

The spring session, open to all middle and high school student artists, begins February 19 and ends in May.

*For more information on the spring session, please visit the Karamu House website: <https://www.karamuhouse.org/spring-arts>*



# Tai Chi Promotes Movement of Both Mind and Body

Civic & Senior Center | Jennifer Lastery, Director | Sandra Noble, Program Coordinator

Motion is medicine.

That's the mantra "Tai Chi for Health" instructor Susan Cady delivers to the dedicated students in her weekly class at the Civic & Senior Center. On Wednesdays, from 10:30-11:30 a.m., she invites participants to change their minds as well as their approach to wellness. According to her students, her methods work.

"People don't believe that they can help themselves get better," Cady explains. "Too often, they say, I'm just getting older."

***When people ask her about the class, she always replies, "Something will feel better, I just don't know what!"***

— Susan Cady, "Tai Chi For Health" instructor

She notes that people can have an immediate impact on how they feel. "If you are just tight or stiff and you run an experiment like slow circling and wiggling and then you feel better, that's self-care."

Janet Allen, 70, says she's a believer in the effectiveness of being active which is why she decided to attend the class. "You gotta keep moving," she says.

Tai Chi for Health involves movements that loosen up body parts and are performed while seated, then balance and strength moves happen while standing, although students may sit down at any time. She conducts a running dialogue with participants as she demonstrates these movements which are designed to be both relaxing and restorative to joints and muscles.

For Dareen Wiley, who is a freshly retired nurse and looking for new activities, the class is a wealth of information, including relaxation techniques and safe ways to "maintain rather than lose function." Cady likes to explore how the body is wired and how "to feel the connections." She uses the knee as an example. "It's a well-constructed joint, but the muscles and tendons can shrink and then they need to be softly stretched, especially the hamstrings at the back of the leg."

She likes to remind her class that "our bodies are wondrously made."



Instructor Susan Cady leads a "Tai Chi for Health" class at the Civic & Senior Center.

She will have students move the right side of their body, then compare it to their left side, paying attention to their chi, the sense of energy that slows through the body. "The soft tissue flow is the body's signal system giving you valuable info about what's up in your back, neck and shoulders. It can only take three to four minutes to achieve good flow and relaxation," says Cady.

During one of these exercises, she asks everyone if they feel any burning. She says "yay" to any affirmative answers. "It's your muscles flushing and waking up."

By design, many of the exercises she demonstrates imitate animal movements like a cat or snake. "Elongation is the opposite of compression," she reminds participants. She also draws on people's practice in church: "How many people sway when attending a service?" That's good for the knees, she explains, then you should shake it out afterward. She's all about action, then repose.

"Pliability can prevent injury," she teaches, adding that stiff people are on the road to getting hurt.

When people ask her about the class, she always replies, "Something will feel better, I just don't know what!"

Since new skills grow brain cells, some class members believe that she has made them smarter. "The body can heal itself and now I know how to work some things out by myself," attests Elizabeth Gooden.

## Transportation Services for Seniors

Transportation services are for Warrensville Heights residents only, age 60 and older and unable to drive themselves.

**Medical Appointments:** Mondays, Tuesdays and Thursdays, 9 a.m.-1:30 p.m. Limited to destinations within eastern Cuyahoga County suburbs and the University Circle area.

**Shopping at Macadenia Walmart:** Wednesdays, 10 a.m.-1:30 p.m. Rides offered on first come basis. Trips must be scheduled by noon two days before a trip or up to two weeks in advance. Call 216.587.1250.

## Hotline for Seniors

Cuyahoga County has a hotline to help seniors and disabled adults connect with services. Call 216.420.6700 to find out about:

- Services for people 60 or older, or adults with disabilities between ages 18-59 who are living in private residences
- Basic resources including benefits, income assistance, housing and medical care
- Ways to report suspected abuse, neglect or exploitation

For more information visit: <http://dsas.cuyahogacounty.us>

# City Offices

## Economic & Community Development

**Jerome A. DuVal, Director**

**Raymon Turner, Community Development Manager**

We are pleased to welcome to the city **Choukouya**, a new African and European fusion restaurant and bar. What sets their grilling apart is their double seasoned meat. The meat is seasoned once before preparation and again while it's being prepared with another type of crafted seasoning that the meat absorbs, giving it a phenomenal flavor. They also serve some traditional and common African dishes with the famous fufu. Hours are Tuesday- Sunday, 11 a.m.-1 a.m.

Location: Corner of Emery and Richmond, behind Enterprise Rent-A-Car  
Contact: **216.245.6660** and [www.choukouyarestob.com](http://www.choukouyarestob.com)



We are also happy to announce the opening of **Excel Soccer Skills Development** which offers a variety of classes to help soccer athletes grow and excel in soccer. They teach technical and tactical skills using intensity, frequency, and customized training to support youth in their development. Their specialized training is focused on athletes who have a passion for and commitment to soccer. They also teach psychological and physical components required for success with the game of soccer.



Location: 4925 A Galaxy Parkway  
Contact: **216.545.4094**, [tibi@excelsoccerskills.com](mailto:tibi@excelsoccerskills.com) and [excelsoccerskills.com](http://excelsoccerskills.com)

Award-winning **Del's Catering & Café** has opened up a store, offering delicious food and significantly adding to the options in the city. Del's was recently awarded one of the "Top Ranked Caterers of 2018" by *Crain's Cleveland Business*.

Location: 21965 Emery Road  
Contact: **216.780.0723**, [delscatering66@yahoo.com](mailto:delscatering66@yahoo.com)



*Del Stevens, owner of Del's Catering & Café*

## Service Department | **Ted Sims, Director**

Leaf pickup will continue until snow accumulation prevents it. Once this occurs, all leaves must be placed in bags for trash pickup.

For trash pickup, all cloth and leather furniture, mattresses and box springs must be wrapped in plastic (plastic bags can be picked up at the Service Garage). Paint, cooking oils, tires, computers and other electronic equipment can be dropped off at the Service Garage.

### Holiday Trash Pickup

- Christmas – Wednesday pickup will move to Thursday. Thursday pickup will move to Friday
- New Years – Wednesday pickup will move to Thursday. Thursday pickup will move to Friday

### Reminders

Please report any street light outages and basement sewer backups (for clearance of debris) to the Service Department, 216-587-6570.

## Building Department | **Ben Brown, Director**

### Promotion

Ben Brown has been appointed Building Commissioner of the Building Department.



### Winter Property Maintenance Tips: Furnaces, Boilers & Hot Water Tanks

Furnaces, boilers, and hot water tanks should be serviced by a licensed and bonded HVAC contractor to make sure it is in proper working order. The technician will conduct a physical inspection to make sure there's no corrosion nor leaks as well as turning the unit on to make sure it's not emitting any hazardous gases. A permit is required for the installation of a new furnace, boiler or hot water tank.

*Ben Brown*

### Temporary Snow Fences

Temporary snow fences are permitted to be installed in the city with the issuance of a Building Permit. The fence cannot exceed 4 feet in height. Such fences must be removed by May 1.

### Roof Systems

Harsh winter weather can take a toll on any roof system. During the winter months, you could be dealing with unpredictable freeze/thaw cycles, snow accumulation and high winds. Make sure all drains and gutters are clear of any debris that could impede the proper flow of water off of the roof system. Make sure you have a snow removal plan in place. A heavy snow load can have damaging effects on your roof if it reaches a load limit and cause ice-dams to form. It is strongly recommended that you have snow removal performed by a qualified professional. The installation of heat cables can also assist to create a channel for water to flow, preventing some damage.

### Water Pipes

Because water expands as it freezes, pipes can burst causing water damage and costly repairs. Industry experts recommend installing pipe insulation and leaving faucets dripping slightly when temperatures get below freezing because the theory is running water does not freeze.

# City Offices

## Strategic Initiatives | *Carletta Fellows, Director*

### 2019 #CareerU Mentoring Program Launched for 8th Graders

The City of Warrensville Heights and the Warrensville Heights City School District, through its partnership with College Now of Greater Cleveland's Community Connector's Grant, has launched its 2019 #CareerU Mentoring Program for 8th grade scholars at Warrensville Heights Middle School. The goal of this 2nd year mentoring program is to match adult mentors with 8th grade scholars in order to help them with their transition to high school, understand their journey to graduation, and provide guidance to pathways leading to post-secondary education and eventual careers.

If you are interested in becoming a #CareerU mentor, please contact Alicia Jordan, #CareerU Coordinator, at 216.408.2598 and/or ajordan@collegenowgc.org.

### 2018 COMMUNITY PARTNER GRANT AWARDS PROGRAM IMPACT

**Greater Cleveland YMCA** – received \$5,000 to assist the Warrensville Heights Branch of the YMCA with scholarships for the LiveStrong Program. The goal of the LiveStrong Program is to empower adult cancer survivors to improve functional capacity and to increase their quality of life through an organized program of fitness and strength.

**IMPACT:** LiveStrong Program served 12 cancer survivors who are residents of Warrensville Heights. The YMCA conducted pre and post physical assessments on cardiovascular endurance, upper body strength, lower body strength, flexibility and balance. In 12 weeks, the participants achieved between 10% and 20% physical movement scores in each of the categories.

**Greater Cleveland YMCA** – received \$5,000 to assist the Warrensville Heights Branch of the YMCA with scholarships for the Diabetes Prevention Program. The Diabetes Prevention Program helps adults at high risk of developing type 2 diabetes adopt and maintain healthy lifestyles by eating healthier, increasing physical activity and losing a modest amount of weight in order to reduce their chances of developing the disease.

**IMPACT:** In 2018, the YMCA of Warrensville conducted two separate diabetes prevention classes. The first class had 7 out of 10 residents complete the program. The second class is still in process and currently has 8 participants. The average age of participants was 61. Resident participation throughout the year was at 80% and the average physical activity minutes recorded was 130 minutes weekly.

**Cleveland Clinic South Pointe Hospital Taussig Cancer Institute Outreach Program** – received \$10,000 to support and expand programming and outreach efforts in the City of Warrensville Heights.

**IMPACT:** Cleveland Clinic South Pointe Hospital held 14 events, reached over 2,400 residents, provided educational programming to over 1,300 individuals, and held over 600 screenings/assessments.

**Cuyahoga County Public Library** – received \$10,000 to assist the

Warrensville Heights Branch Library's Early Reader Summer Camps. The Warrensville Branch library held two free Kindergarten Boost Camps this past summer. These camps provided opportunities for children entering kindergarten in Fall 2018 to have their children experience an extra academic boost to prepare them for success in their kindergarten year.

The library held two free 123 READ Camps. Priority registration was given to 1st and 2nd graders identified by Warrensville Heights schools as needing urgent help with their reading skills.

**IMPACT:** A total of 119 children participated in the Kindergarten Boost Camps and 92 participated in the 123 READ Camps.

**Ohio University Heritage College of Osteopathic Medicine Aspiring D.O.ctors Program** – received \$10,000 to assist with programming for Warrensville Heights High School student participants (grades 10 -12). The Aspiring D.O.ctors Precollege Program is a four-year high school pipeline program designed to foster an interest in medical/health professions among under-represented minority students from Warrensville Heights High School and John F. Kennedy PACT High School.

**IMPACT:** 20 WHHS 10th grade students participated in the 2017-2018 program that included grade 10 Intro Day and a grade 10 ShaDOw Day. Three students completed the Intro Day; one completed the ShaDOw Day; seven students completed the ELA Day; six completed the Intro Day + ShaDOw Day; two completed the ShaDOw Day + ELA Day; one completed the Intro Day + ELA Day. There were a total of 23 WHHS 11th and 12th grade students enrolled in the Aspiring D.O.ctors Program (11 11th graders and 12 12th graders). A total of 18 WHHS students completed the 2017-2018 program year (10 11th graders and 8 12th graders).

## Police Department | *Wesley Haynes, Chief of Police*

In October, the Police Department celebrated and recognized the Susan G. Komen Breast Cancer Foundation. Several officers and dispatchers purchased baseball caps, T-shirts and hooded sweatshirts. In addition, officers had the opportunity to donate \$30.00 for the month and to wear either of the items while on duty.

In support of the men and women of the Police Department and the Susan G. Komen Breast Cancer Foundation who participated in this charitable lifesaving event, Chief Wesley Haynes matched their donations of \$240 to bring the Warrensville Heights Police Department total donations to \$480.

He would like to recognize the fine men and women who donated: Sergeant Darren Senft, Sergeant Adam Scherrer, Patrolman Jerome Thomas, Patrolman Sean Schoger, Patrolman Thomas Kazimer, Patrolman Joshua Davenport, Dispatcher Sheri Nova and Dispatcher Keree Rox.





**The City of Warrensville Heights**  
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# Warrensville Heights High School 2018 Hall of Fame Inductees



Connie Cangelosi Davis  
Class of 1963



Ray A. Freeman  
Class of 1981



Ricardo Hall, Ph. D.  
Class of 1986



David L. Herbert  
Class of 1966



Tami M. Prince, M.D.  
Class of 1991



Melvin H. Thornton, II M. D.  
Class of 1981